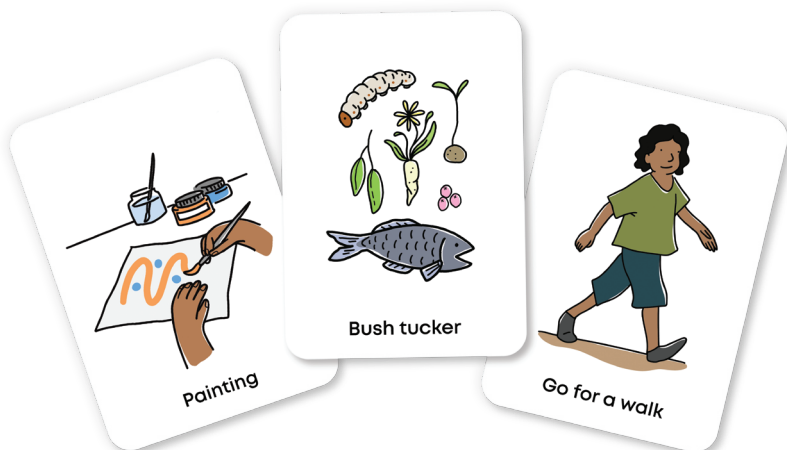




Communication Cards

For Aboriginal and Torres Strait Islander people
living with dementia.



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Tips for using the Communication Cards

1. Select the cards that are relevant for the person and attach them to the ring. Keep the selected cards from each category together and use the coloured corner to help you quickly find each card.
2. Select one card at a time and show it to the person individually. Avoid presenting cards together as this may be difficult for the person to interpret.
3. Use the relevant card to help the person understand what you are trying to communicate. For example, show the person the 'Pain' card when asking them about their pain. This approach needs to be done consistently and repeatedly to be effective.
4. Be patient and allow the person the time to understand the image and its meaning. People living with dementia may have lost the ability to read or understand what you are saying or may have reverted back to the language they used to speak when they were younger.

Dementia Support Australia (DSA) is a free nationwide service led by HammondCare, funded by the Australian Government. Our role is to improve the quality of life for people living with dementia and their carers. We do this by getting to know the person with dementia to understand the causes of changes in behaviour and work together with carers, care workers and local networks to work out the best plan. We keep in contact with carers and care workers while they support the person with dementia to live well in their own environment.

DSA offers free support 24 hours a day, 365 days a year throughout Australia. Contact DSA or refer someone with dementia to our service through:

 **1800 699 799**

 dsa@dementia.com.au

 dementia.com.au



Family / Mob



People

Family / Mob

Word in language spoken

Phonetics pronunciation

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Woman



People

Woman

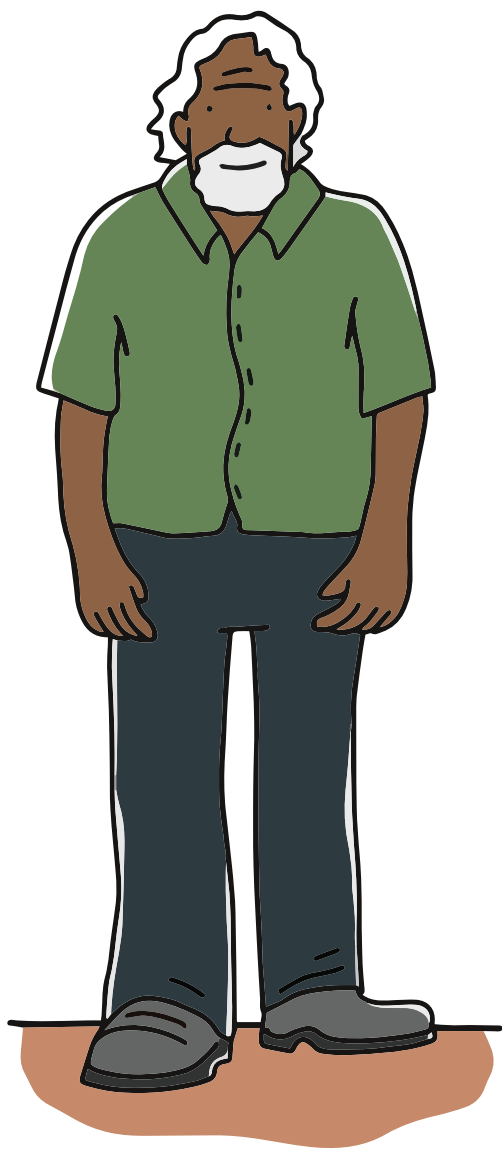
Word in language spoken

Phonetics pronunciation

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Man



People

Man

Word in language spoken

Phonetics pronunciation

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Social Yarning



Activities / Objects

Social Yarning

Word in language spoken

Phonetics pronunciation

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Social Yarning



Activities / Objects

Social Yarning

Word in language spoken

Phonetics pronunciation

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Private Yarning



Activities / Objects

Private Yarning

Word in language spoken

Phonetics pronunciation

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Private Yarning



Activities / Objects

Private Yarning

Word in language spoken

Phonetics pronunciation

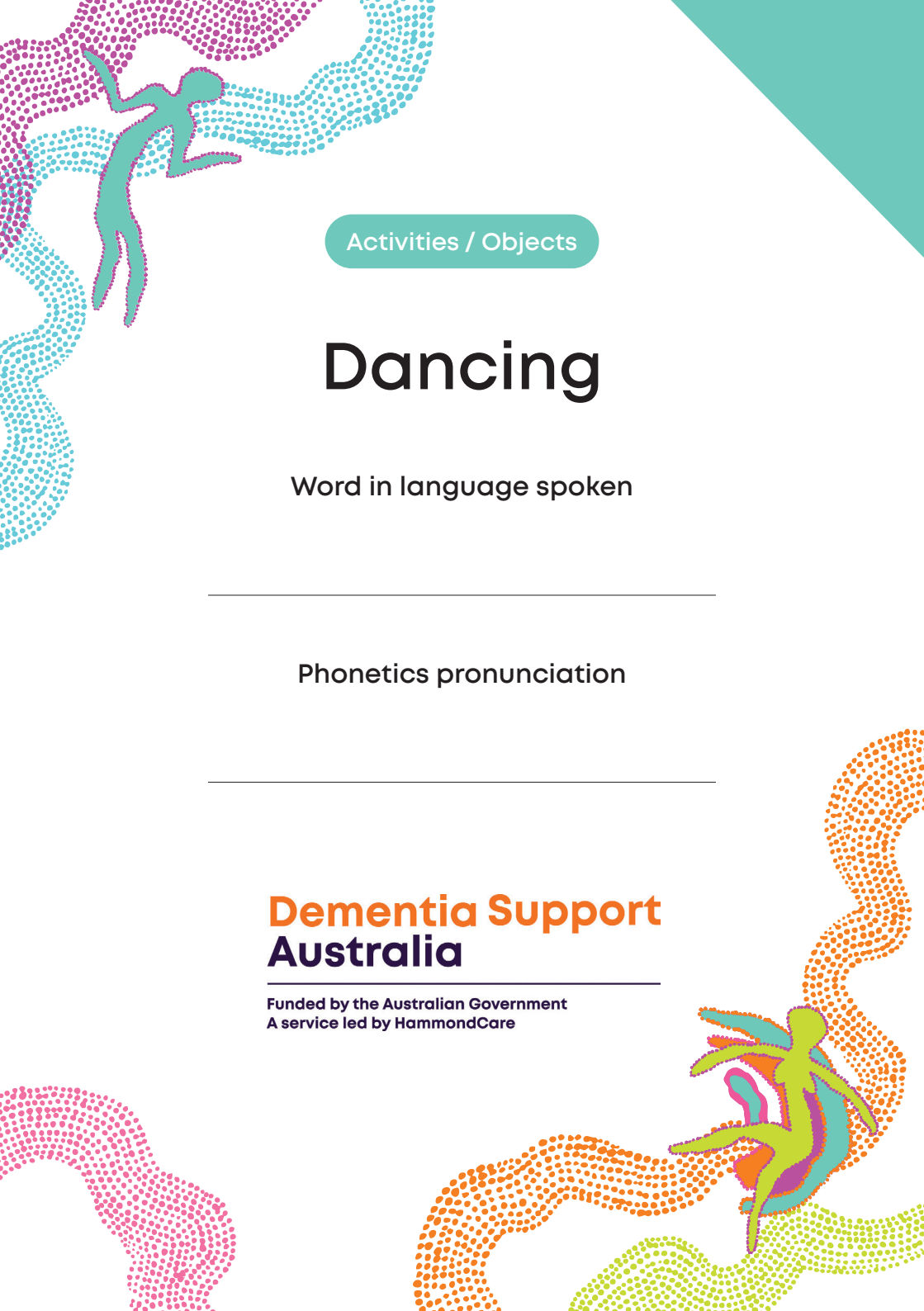
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Dancing



Activities / Objects

Dancing

Word in language spoken

Phonetics pronunciation

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Music



Activities / Objects

Music

Word in language spoken

Phonetics pronunciation

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Go for a walk



Activities / Objects

Go for a walk

Word in language spoken

Phonetics pronunciation

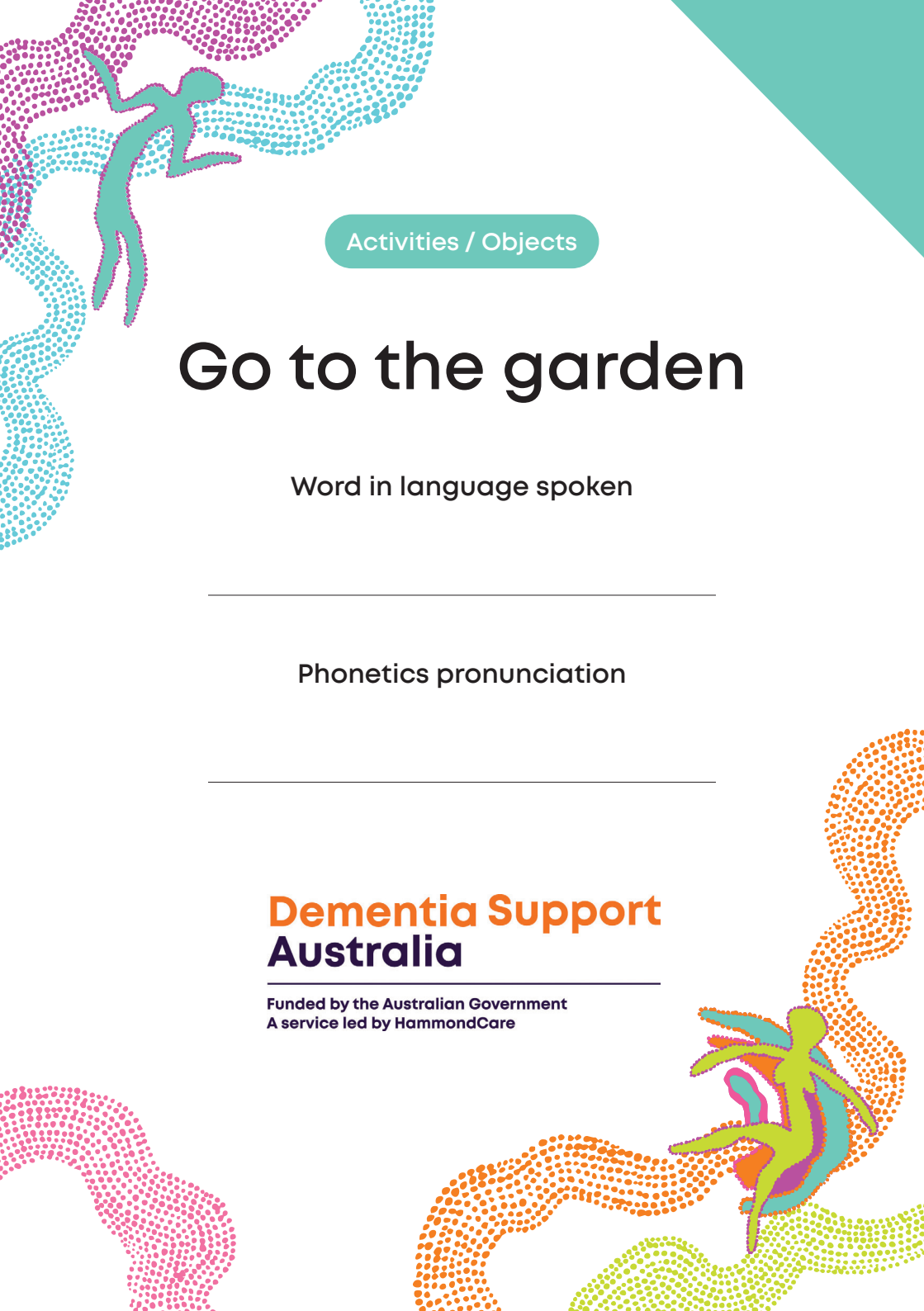
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Go to the garden



Activities / Objects

Go to the garden

Word in language spoken

Phonetics pronunciation

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Painting



Activities / Objects

Painting

Word in language spoken

Phonetics pronunciation

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Weaving



Activities / Objects

Weaving

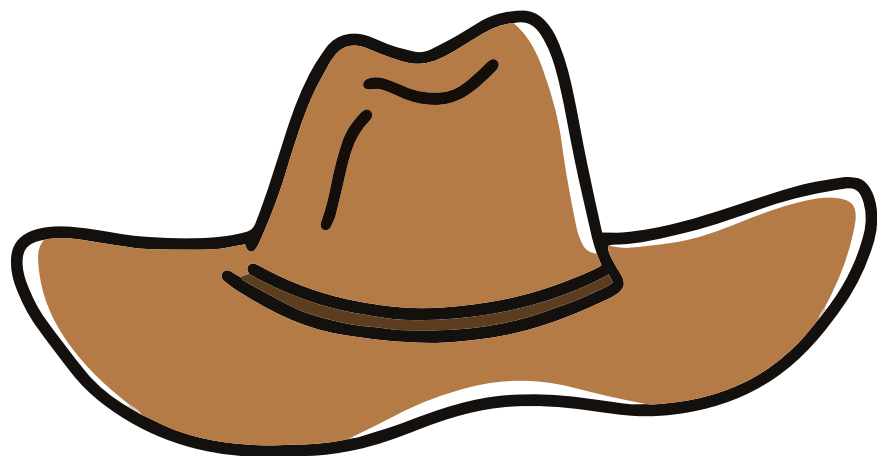
Word in language spoken

Phonetics pronunciation

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Cowboy hat



Activities / Objects

Cowboy hat

Word in language spoken

Phonetics pronunciation

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Fire



Activities / Objects

Fire

Word in language spoken

Phonetics pronunciation

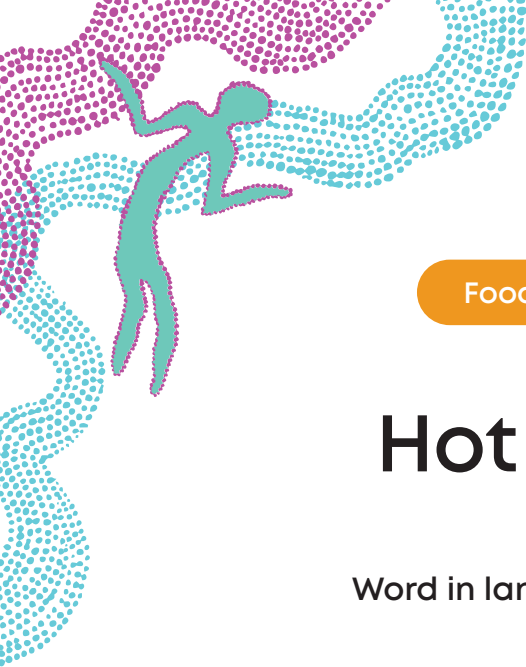
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Hot drink



Food / Drinks

Hot drink

Word in language spoken

Phonetics pronunciation

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Cold drink



Food / Drinks

Cold drink

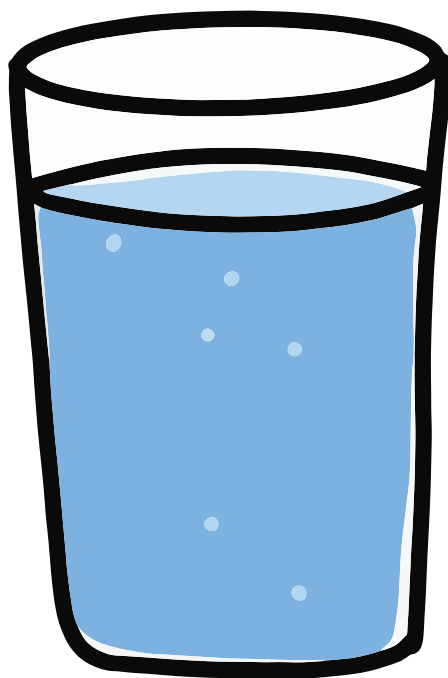
Word in language spoken

Phonetics pronunciation

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Water



Food / Drinks

Water

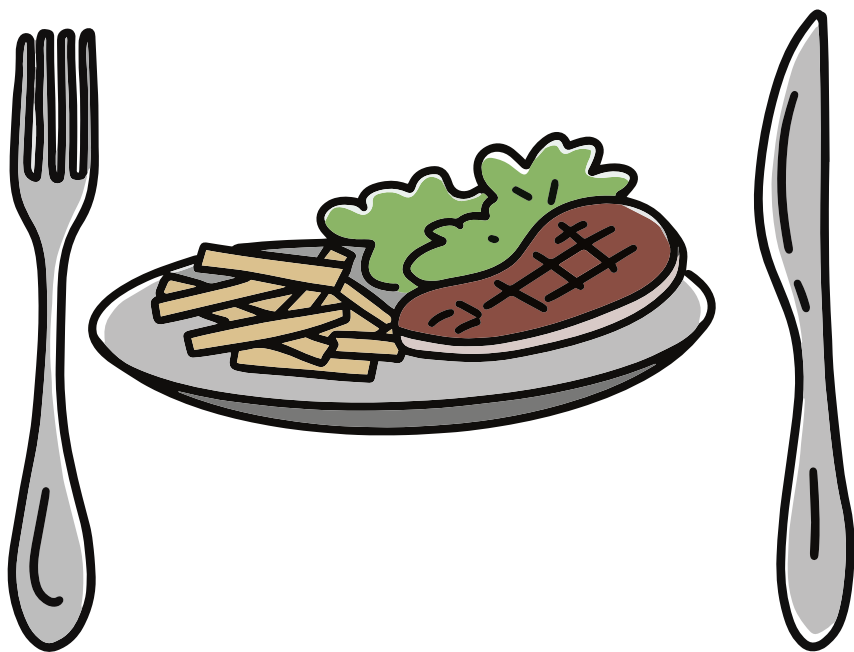
Word in language spoken

Phonetics pronunciation

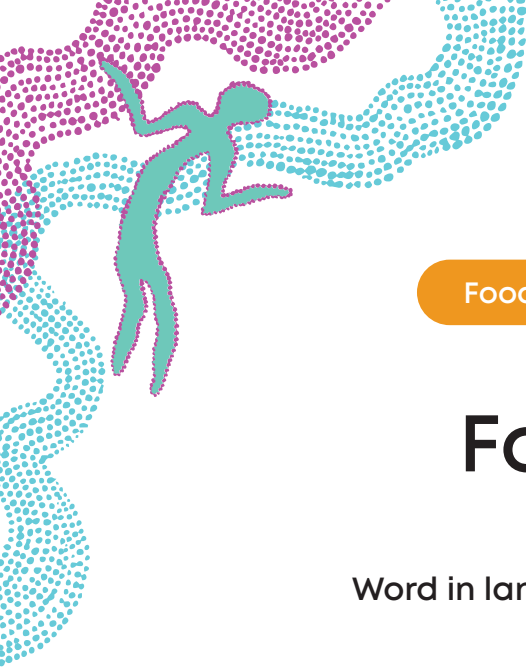
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Food



Food / Drinks

Food

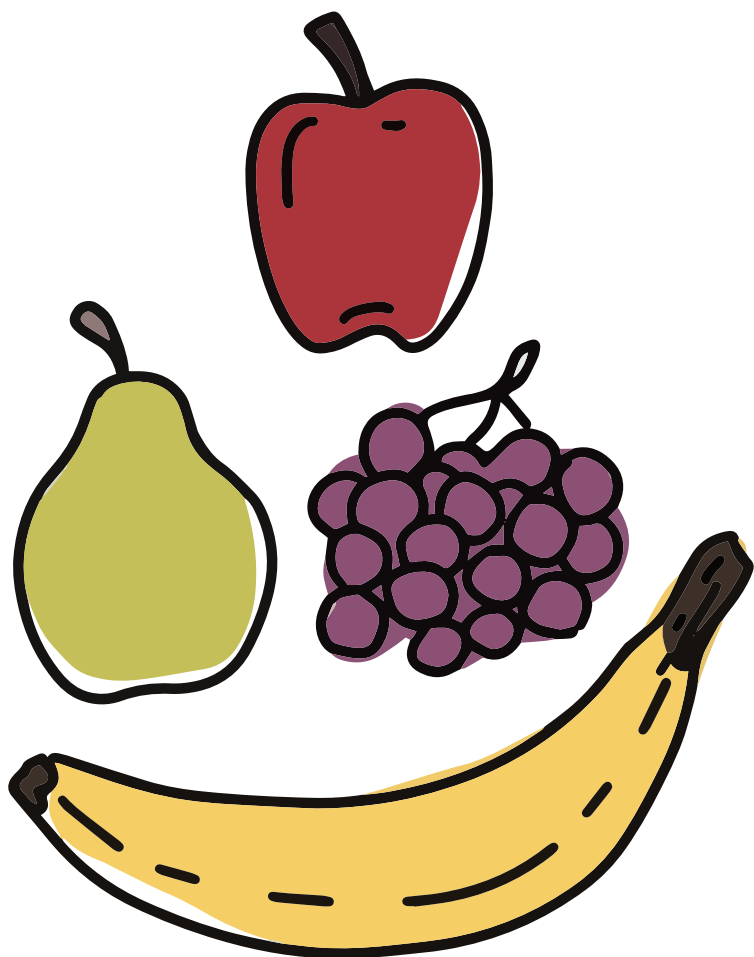
Word in language spoken

Phonetics pronunciation

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Fruit



Food / Drinks

Fruit

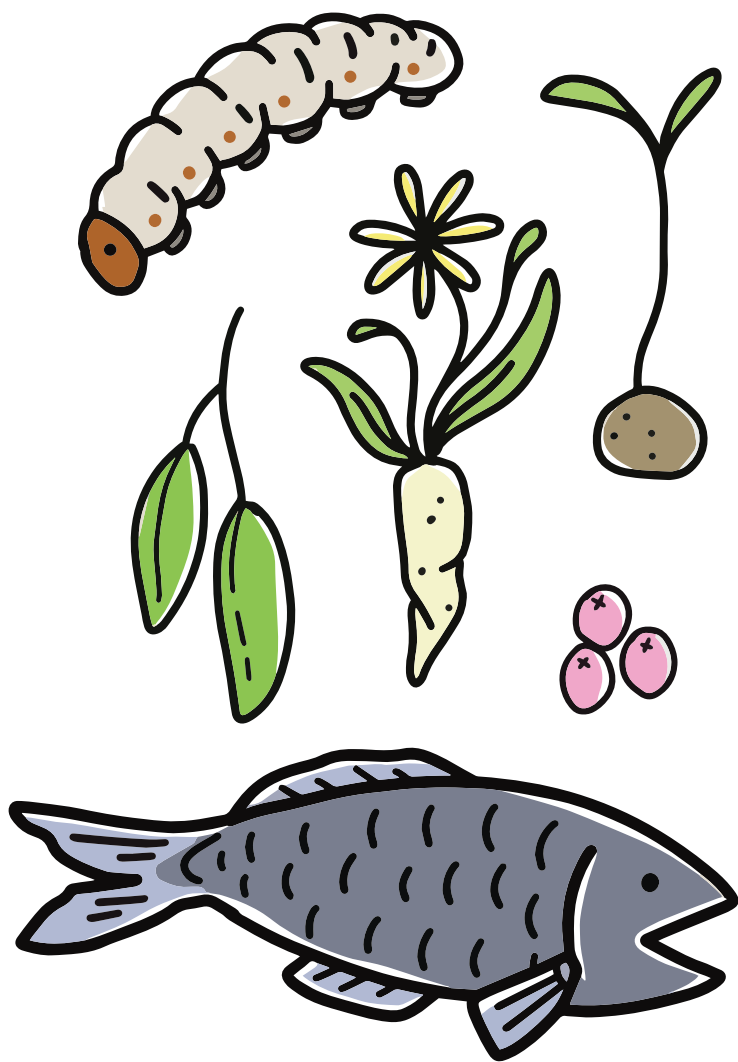
Word in language spoken

Phonetics pronunciation

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Bush tucker



Food / Drinks

Bush tucker

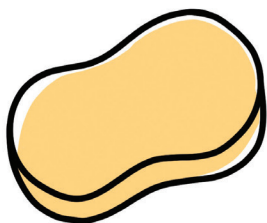
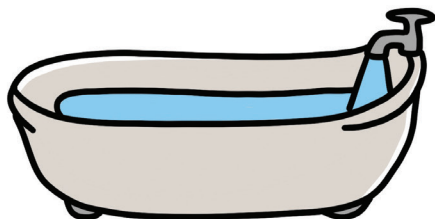
Word in language spoken

Phonetics pronunciation

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Washing



Personal care

Washing

Word in language spoken

Phonetics pronunciation

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Toilet



Personal care

Toilet

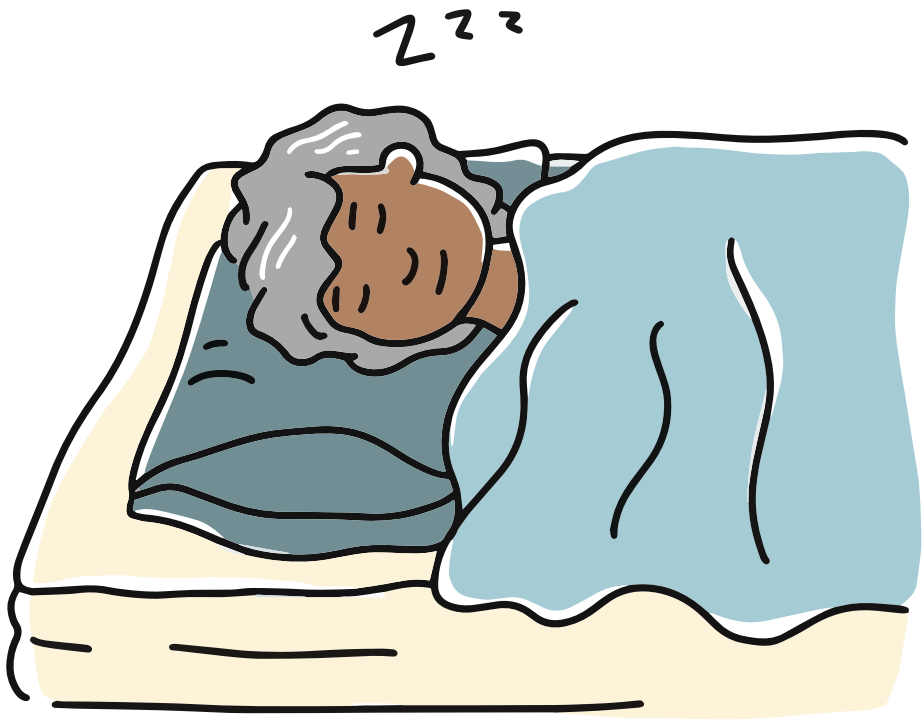
Word in language spoken

Phonetics pronunciation

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Sleep



Personal care

Sleep

Word in language spoken

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Getting dressed



Personal care

Getting dressed

Word in language spoken

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Getting dressed



Personal care

Getting dressed

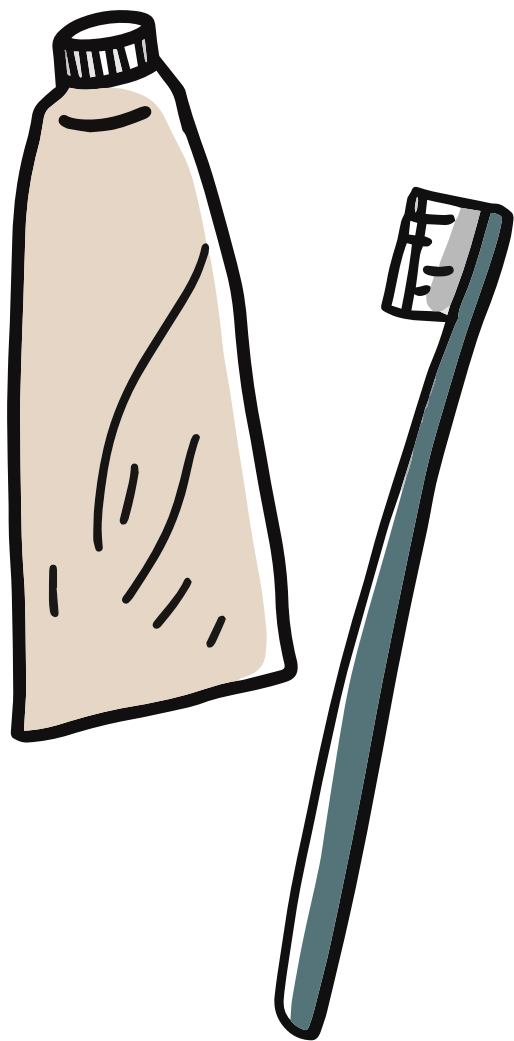
Word in language spoken

Phonetics pronunciation

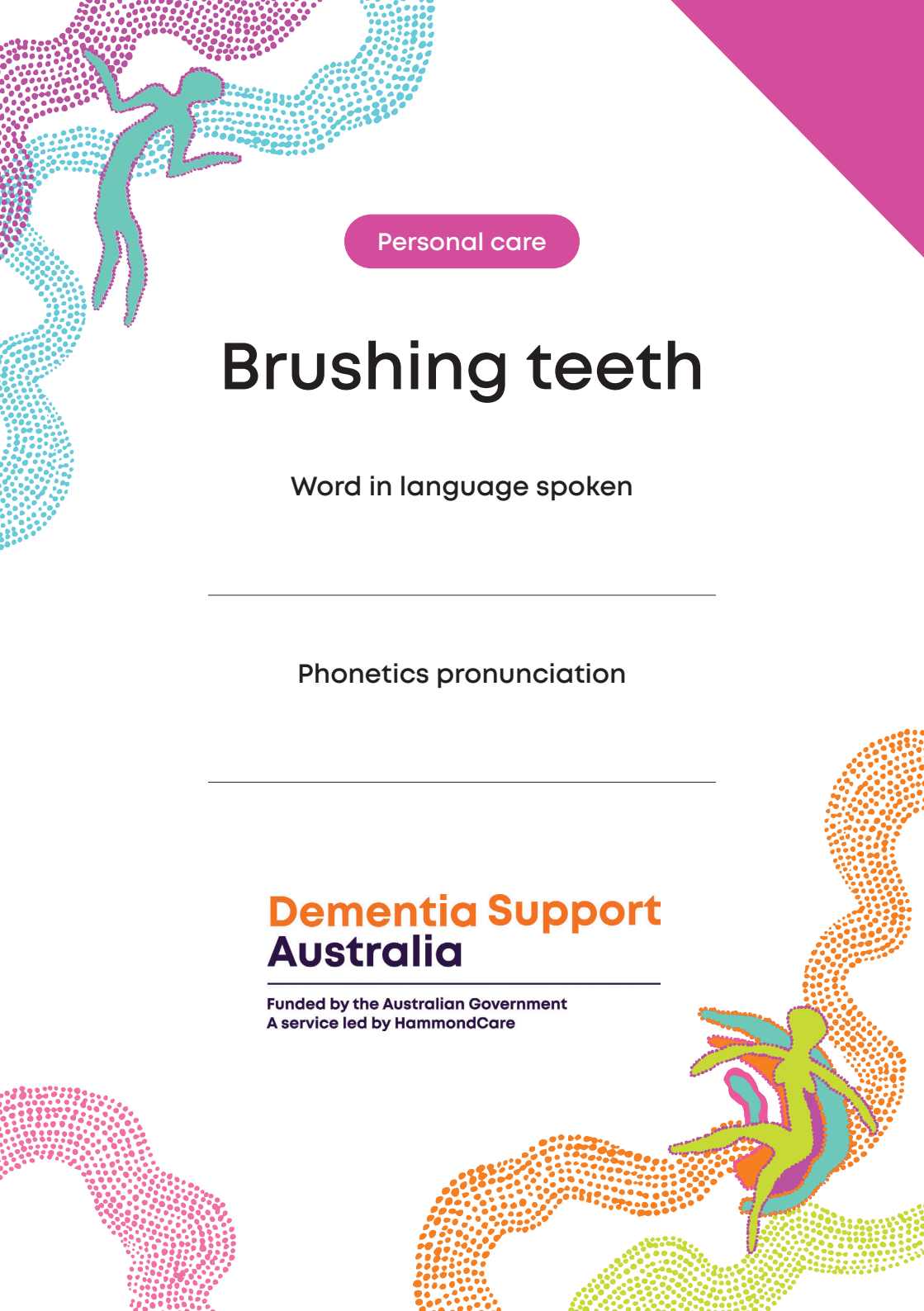
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Brushing teeth



Personal care

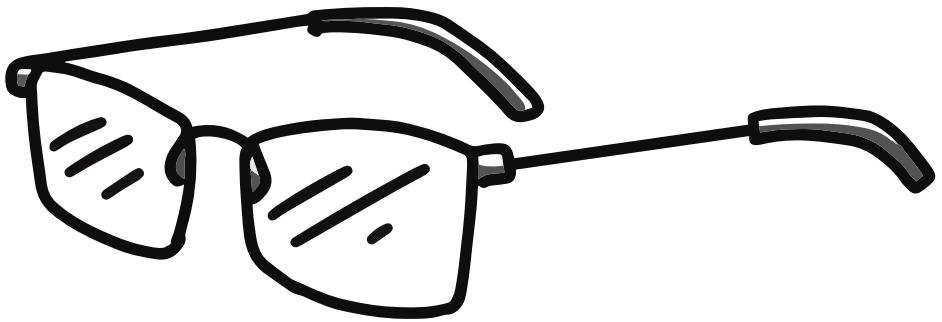
Brushing teeth

Word in language spoken

Phonetics pronunciation

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Glasses



Personal care

Glasses

Word in language spoken

Phonetics pronunciation

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Hearing aid



Personal care

Hearing aid

Word in language spoken

Phonetics pronunciation

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Pain



Health

Pain

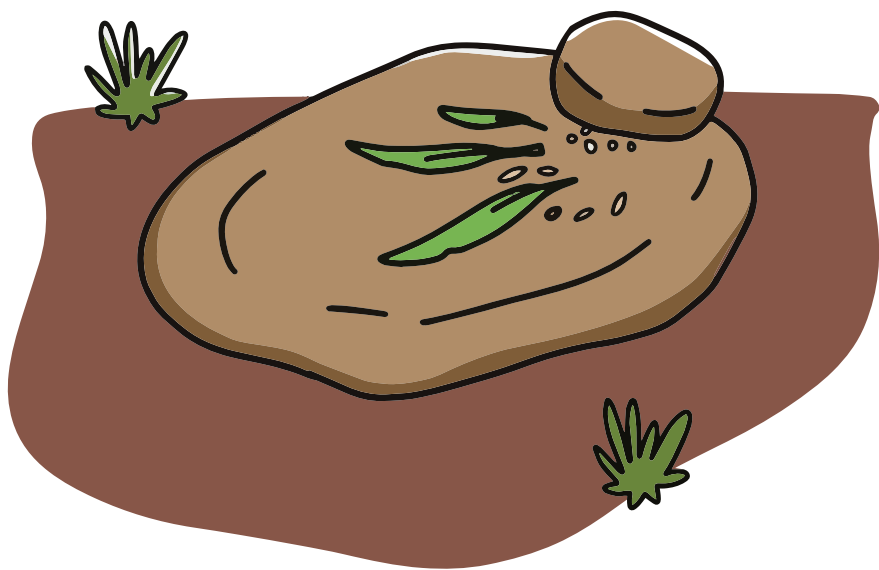
Word in language spoken

Phonetics pronunciation

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Bush medicine



Health

Bush medicine

Word in language spoken

Phonetics pronunciation

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Bush rub



Health

Bush rub

Word in language spoken

Phonetics pronunciation

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Medication / Tablets



Health

Medication / Tablets

Word in language spoken

Phonetics pronunciation

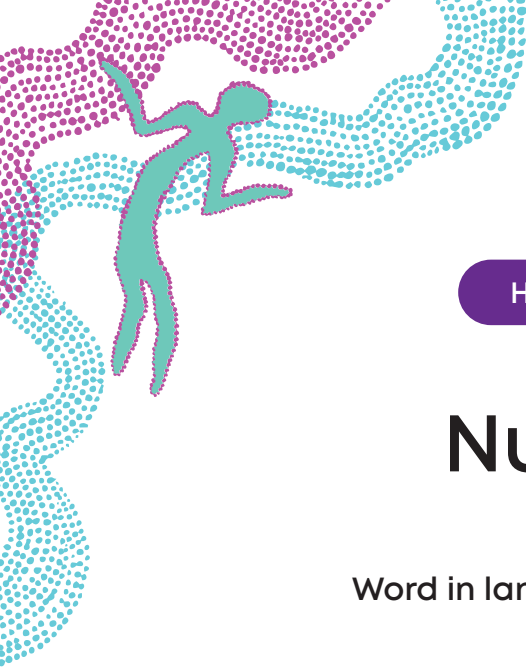
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Nurse



Health

Nurse

Word in language spoken

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Doctor



Health

Doctor

Word in language spoken

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Wrapping bandages



Health

Wrapping bandages

Word in language spoken

Phonetics pronunciation

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Hot



Feelings

Hot

Word in language spoken

Phonetics pronunciation

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Cold



Feelings

Cold

Word in language spoken

Phonetics pronunciation

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Like



Feelings

Like

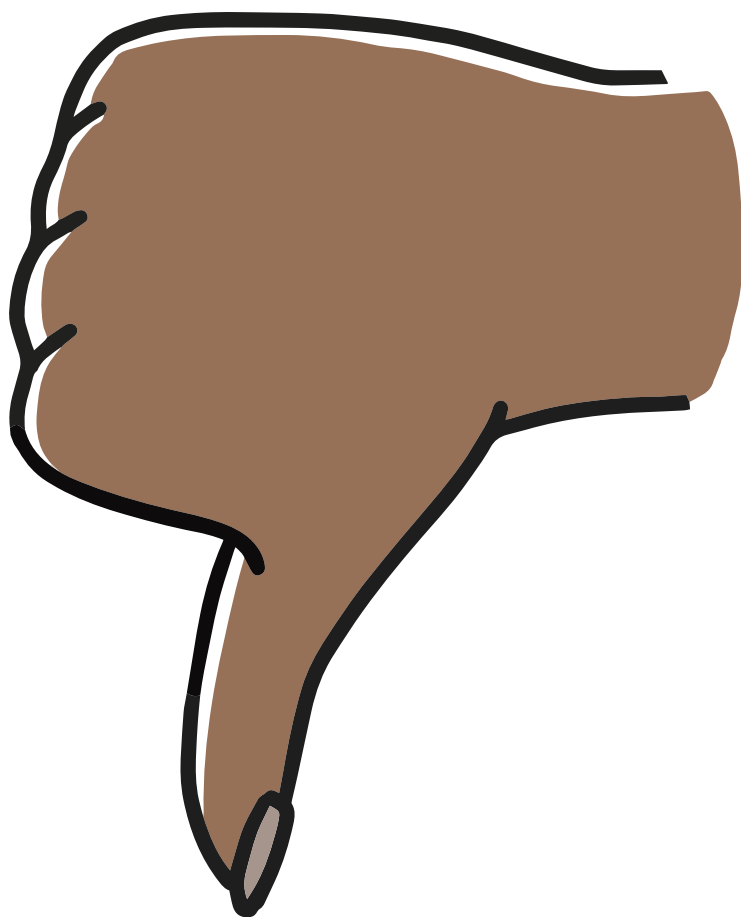
Word in language spoken

Phonetics pronunciation

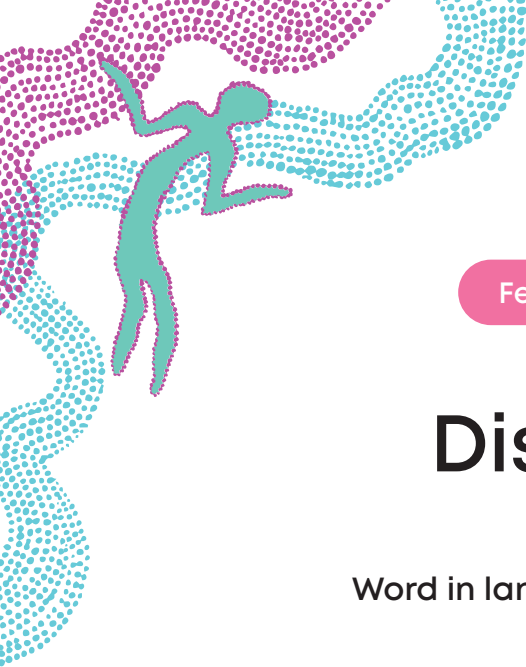
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Dislike



Feelings

Dislike

Word in language spoken

Phonetics pronunciation

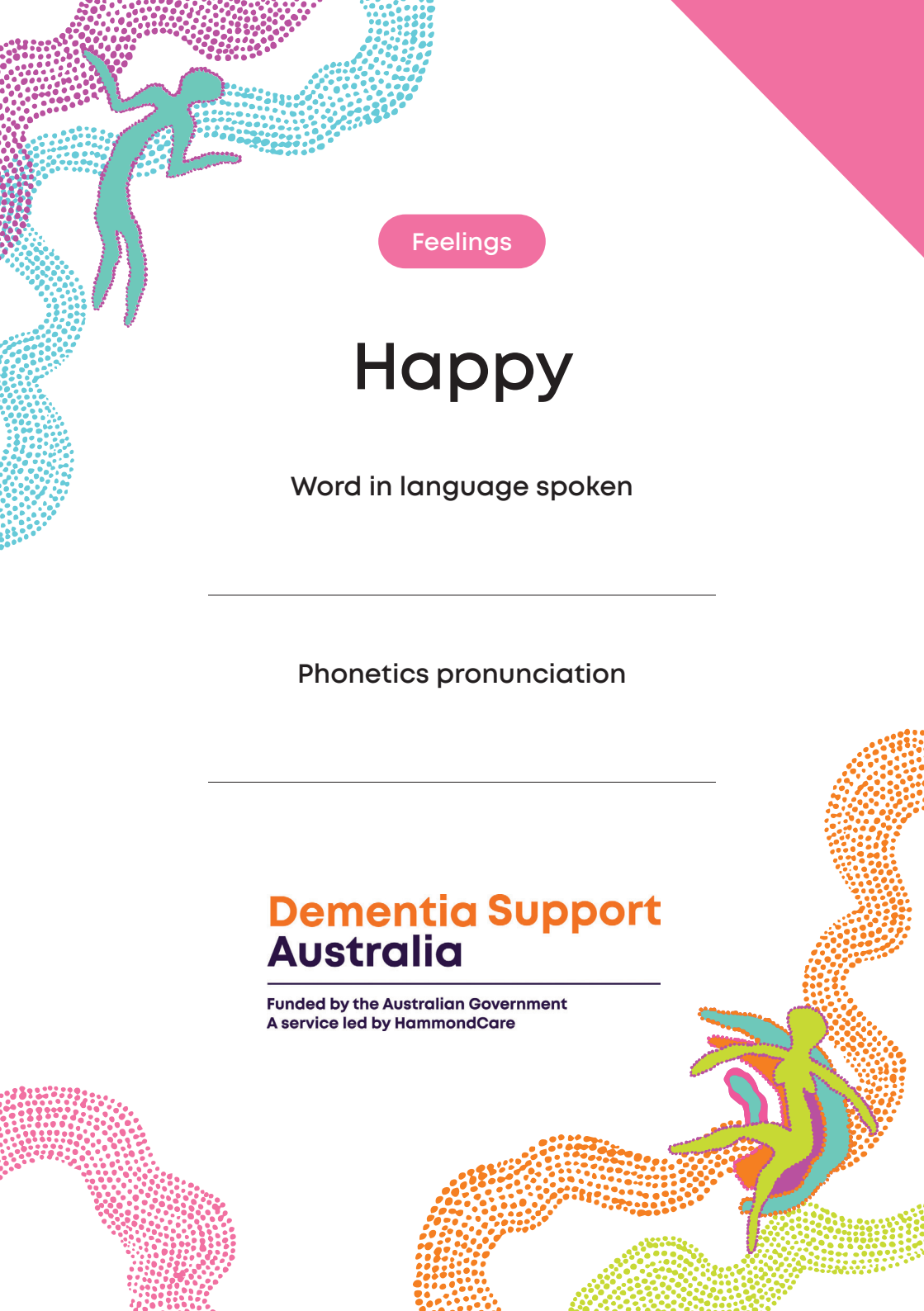
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Happy



Feelings

Happy

Word in language spoken

Phonetics pronunciation

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Sad



Feelings

Sad

Word in language spoken

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Tired



Feelings

Tired

Word in language spoken

Phonetics pronunciation

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Sick



Feelings

Sick

Word in language spoken

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Worry



Feelings

Worry

Word in language spoken

Phonetics pronunciation

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Hungry



Feelings

Hungry

Word in language spoken

Phonetics pronunciation

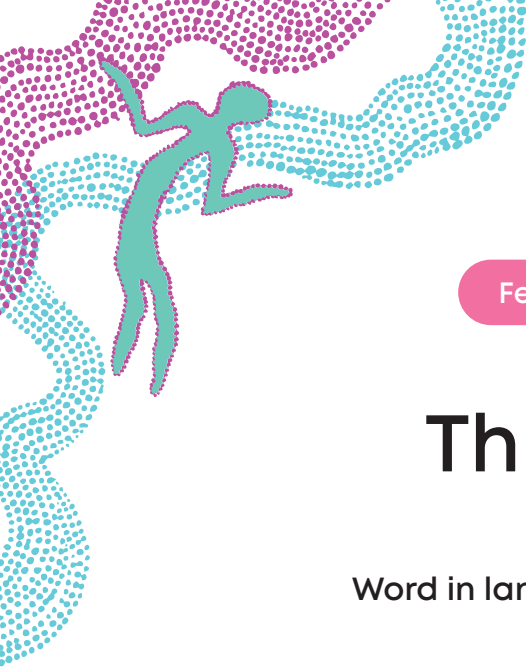
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Thirsty



Feelings

Thirsty

Word in language spoken

Phonetics pronunciation

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Country



Places

Country

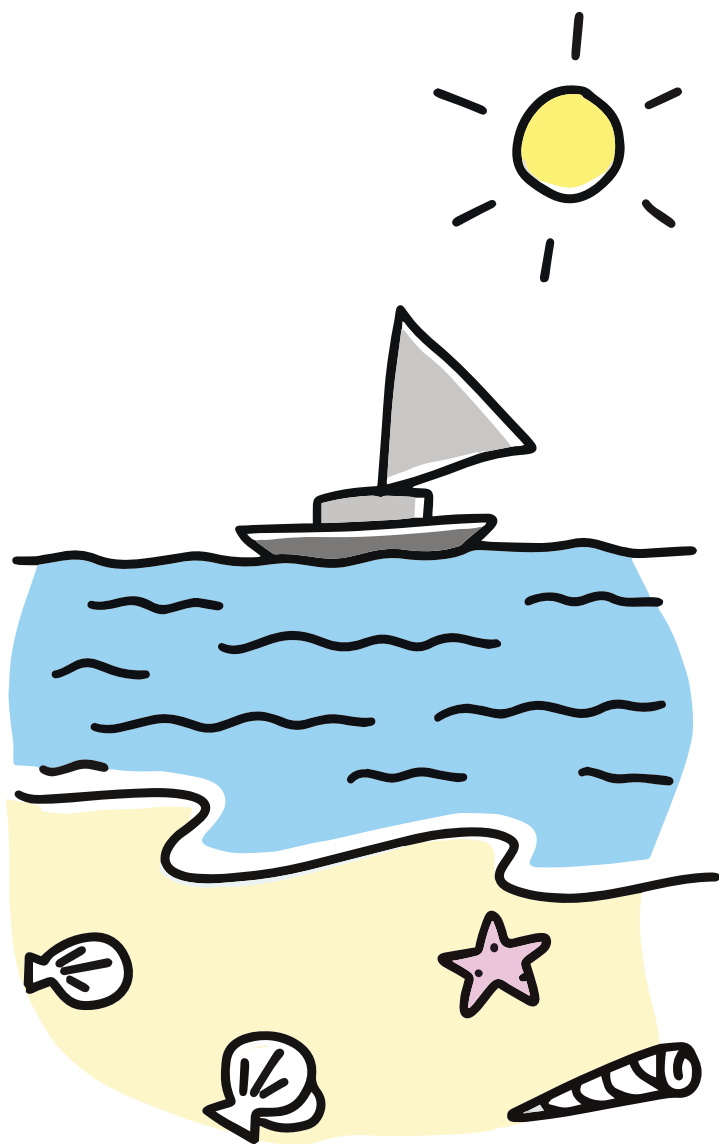
Word in language spoken

Phonetics pronunciation

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Beach



Places

Beach

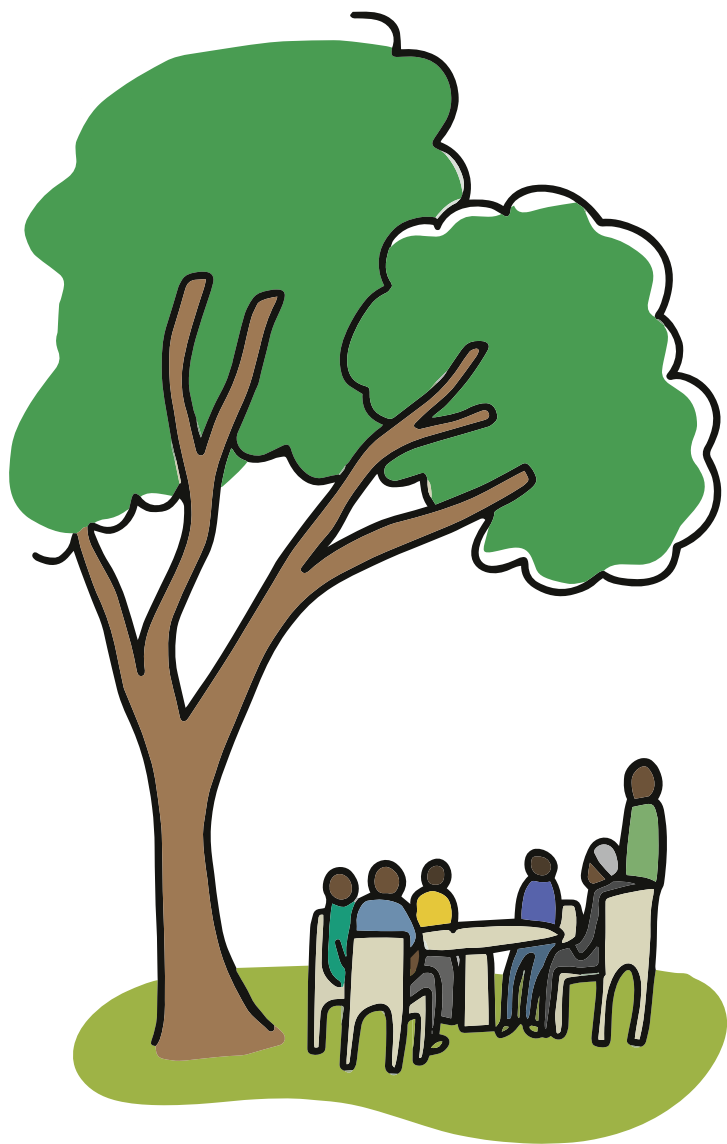
Word in language spoken

Phonetics pronunciation

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Meeting place



Places

Meeting place

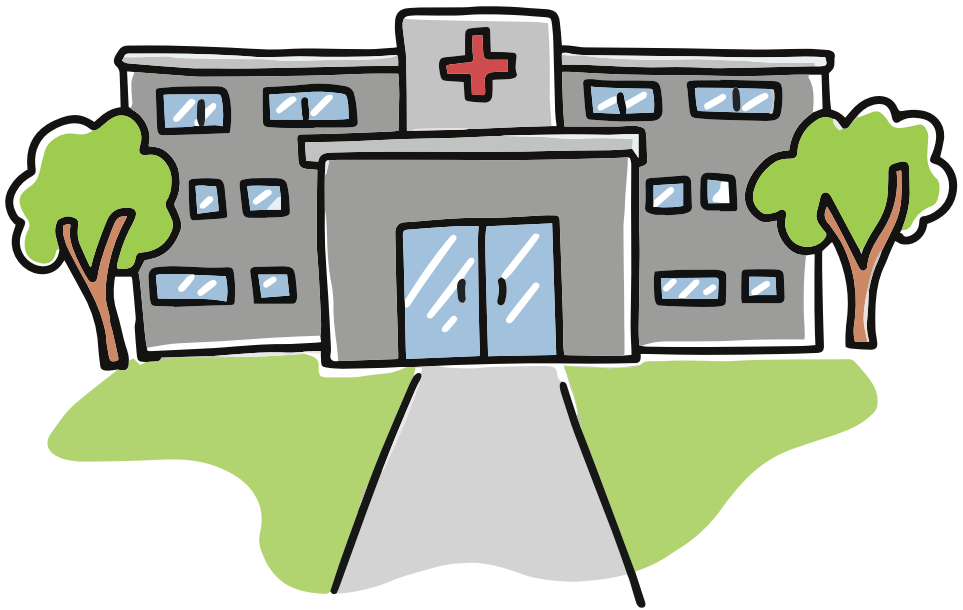
Word in language spoken

Phonetics pronunciation

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Clinic / Hospital



Places

Clinic / Hospital

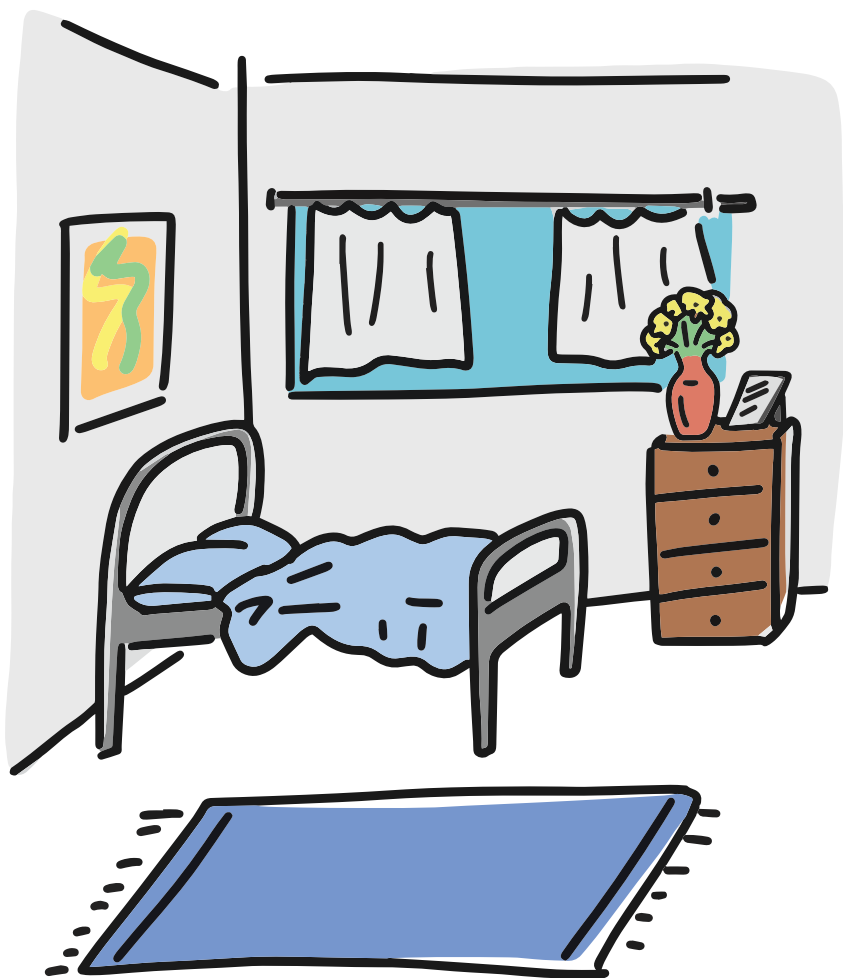
Word in language spoken

Phonetics pronunciation

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Bedroom



Places

Bedroom

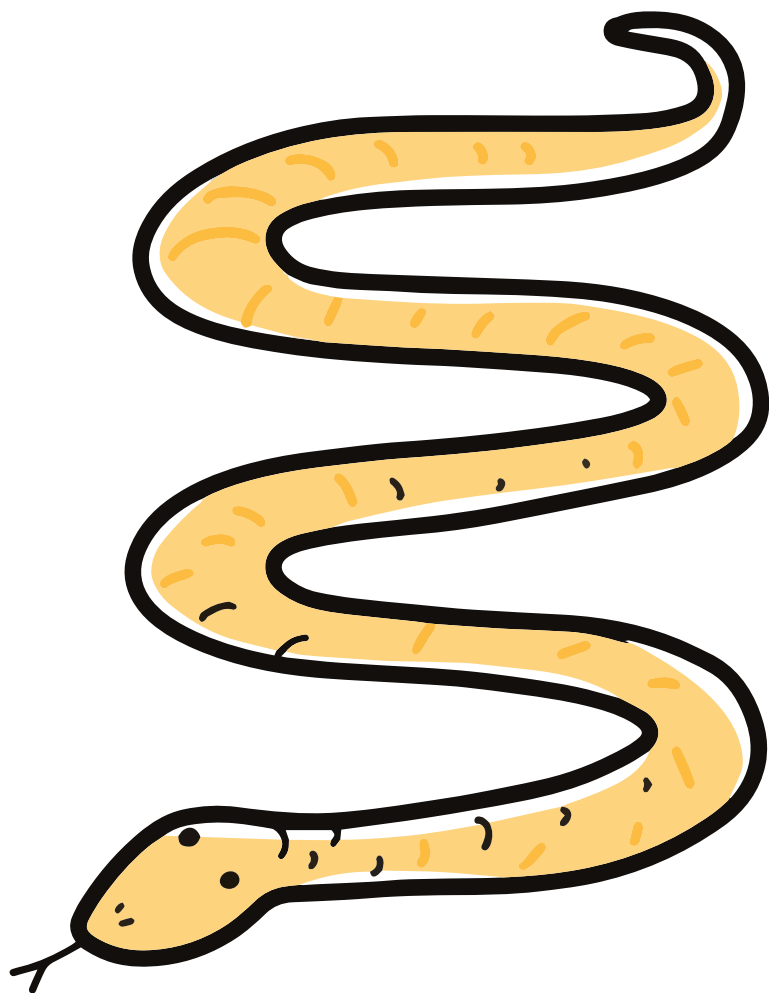
Word in language spoken

Phonetics pronunciation

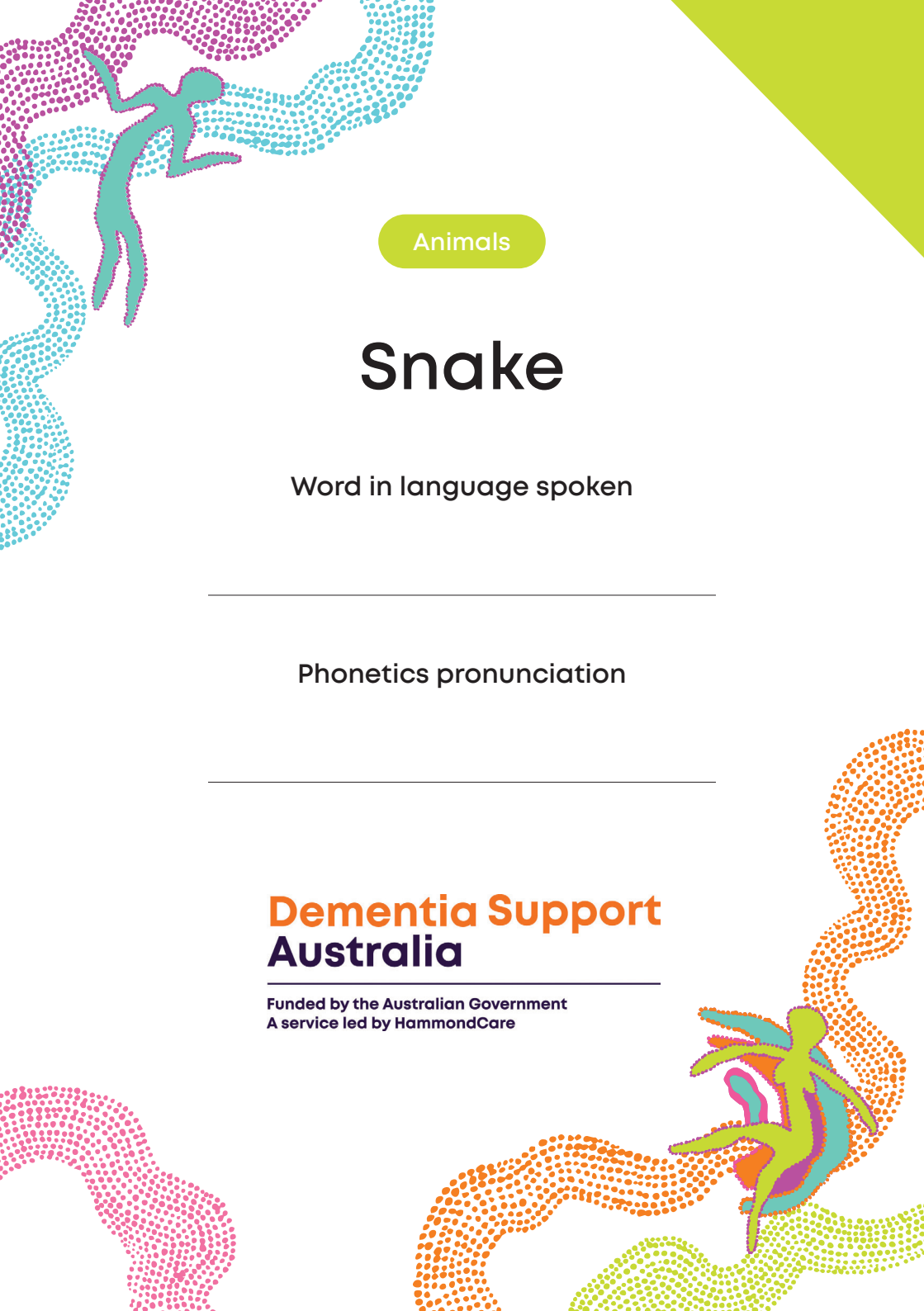
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Snake



Animals

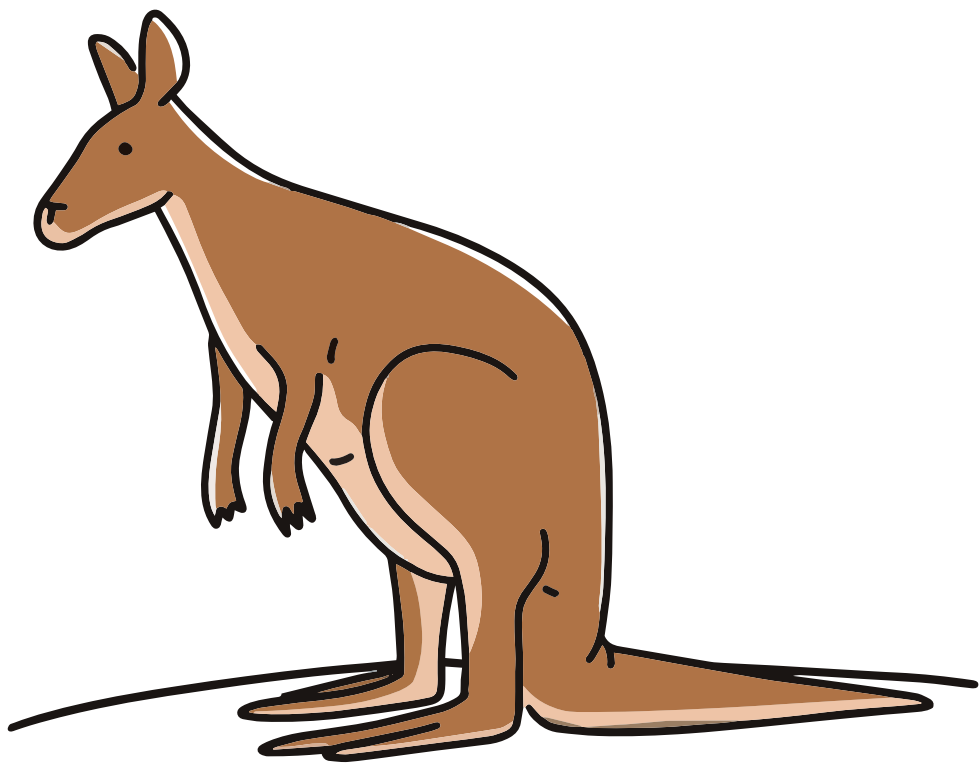
Snake

Word in language spoken

Phonetics pronunciation

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Kangaroo



Animals

Kangaroo

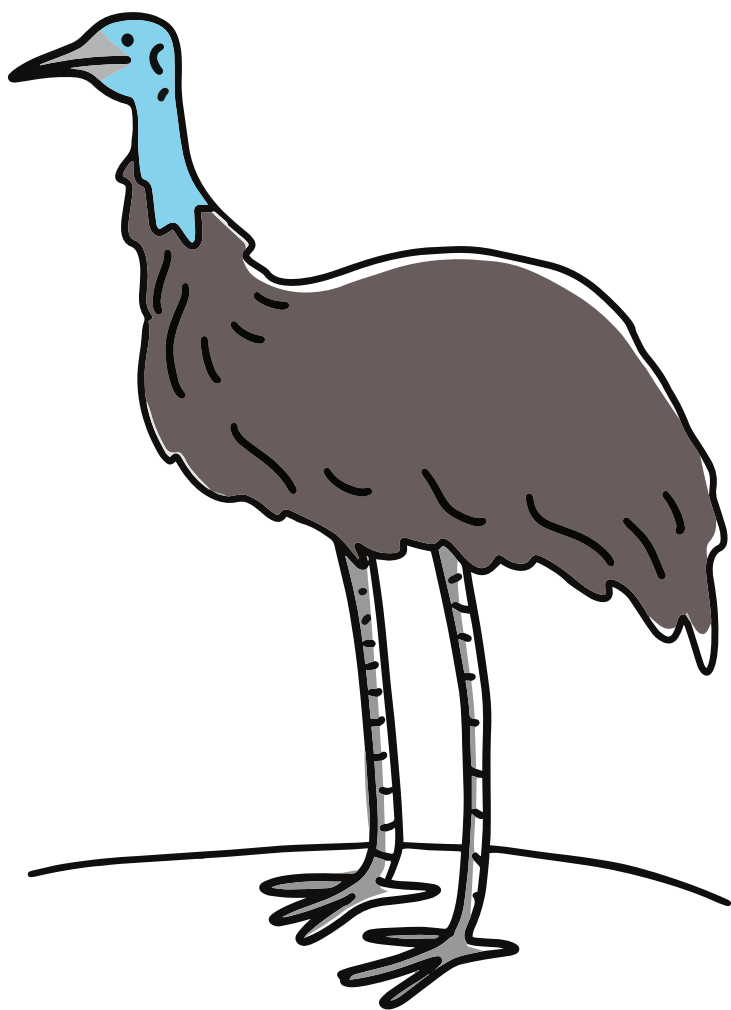
Word in language spoken

Phonetics pronunciation

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Emu



Animals

Emu

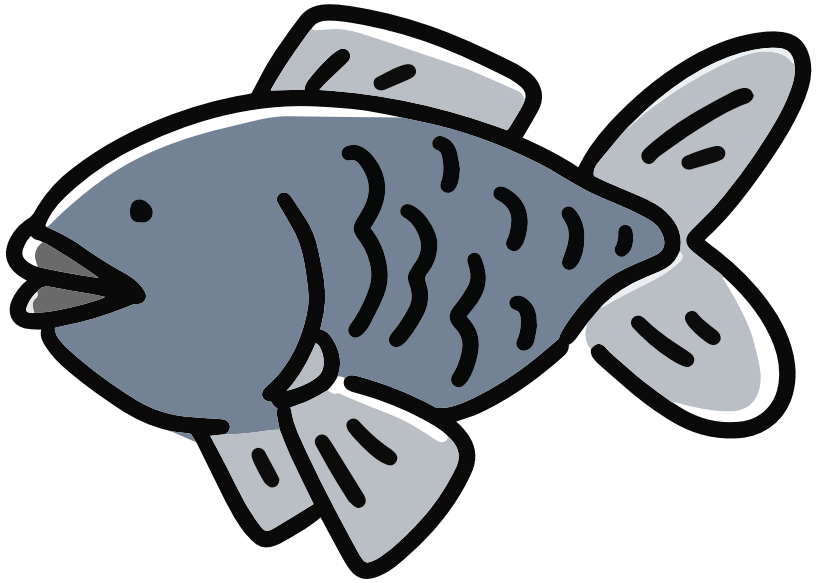
Word in language spoken

Phonetics pronunciation

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Fish



Animals

Fish

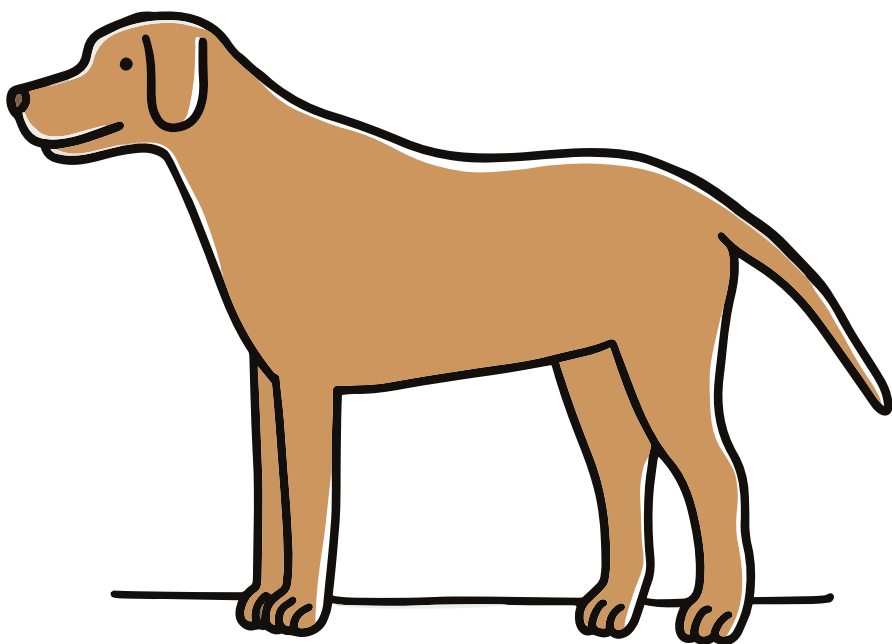
Word in language spoken

Phonetics pronunciation

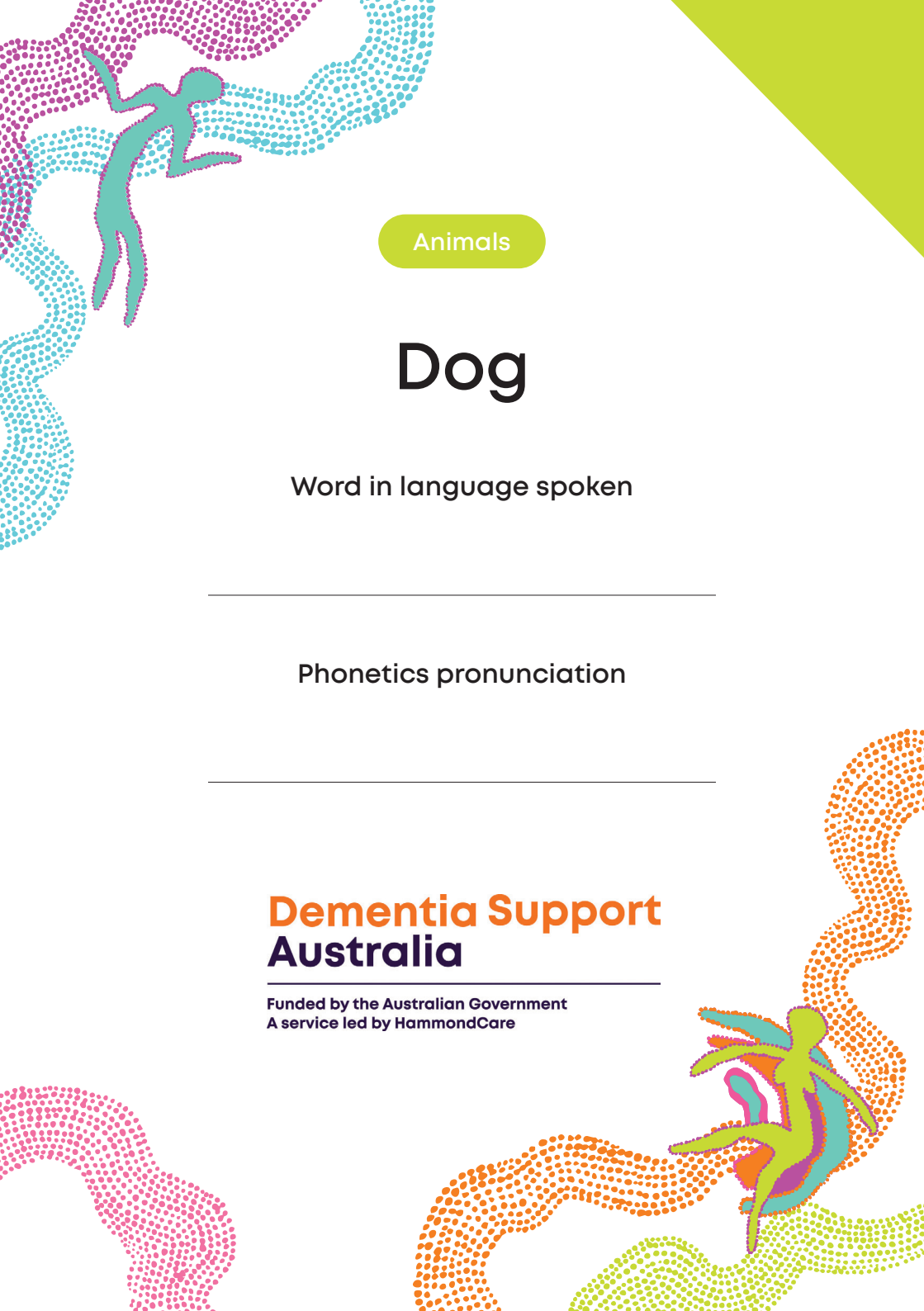
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Dog



Animals

Dog

Word in language spoken

Phonetics pronunciation

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Yes



Yes

Word in language spoken

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No



No

Word in language spoken

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Word in language spoken

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